

## CURRICULUM VITAE

### Elizabeth A. Gollub, PhD, MPH, RD

*Preventive Medicine and Healthy Aging – Evaluation Unit  
Pennington Biomedical Research Center*

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#### EDUCATION

- 2007 Certificate of Training, Adult Weight Management
- 2002 PhD, Florida International University, Nutrition and Dietetics,  
National Resource Center on Nutrition, Physical Activity and Aging
- 1986 MPH, University of North Carolina, Chapel Hill, Nutrition
- 1986 Registered Dietitian, American Dietetic Association/Academy of Nutrition and Dietetics
- 1981 BA, University of California, Santa Cruz, Biology
- 1980 University of California's Education Abroad Program, University of Kent, Canterbury, England

#### PROFESSIONAL EXPERIENCE

- 12/2011–present Instructor/Lead Evaluator, Pennington Biomedical Research Center, Preventive Medicine and Healthy Aging
- 05/2010–12/2011 Research Associate II, Pennington Biomedical Research Center, Population Science
- 2008-2009 Consultant Dietitian, Special Communications LLC at Tacachale
- 2007-2010 Freelance Nutritionist “*Nutritionist at Large*”, Gainesville, FL
- 2005-2007 Program Director, Rural Health, WellFlorida Council, Inc., Gainesville Florida
- 2004-2005 OPS Professional, Family Youth and Community Sciences, UF IFAS, Gainesville, FL
- 2002-2003 Adjunct Instructor, Health and Fitness, Palm Beach Community College, Boca Raton, FL
- 1997-2002 Graduate Research Assistant, Florida International University, National Policy and Resource Center for Nutrition, Physical Activity and Aging, Miami, FL
- 1996-1997 Instructor, Physical Science/Life Science/Health, JFK Middle School, Riviera Beach, FL
- 1995-1996 Adjunct Instructor, Nutrition, Palm Beach Community College, Boca Raton, FL
- 1991-1995 Nutrition Consultant, Palm Beach County, FL
- 1987-1988 Regional Coordinator, Maryland State Nutrition Initiative, Washington County, MD
- 1986 Adjunct Instructor, Nutrition, Frederick Community College, Frederick, MD
- 1986 Instructor, Culinary Hearts, American Heart Association, Frederick, MD
- 1986 Training Fellowship, National Cancer Institute, Health Promotion Sciences Branch, Division of Cancer Prevention and Control, Bethesda, MD
- 1984 Instructor, Biology, Jefferson High School, Los Angeles, CA
- 1983 Research Assistant, University of Illinois, Departments of Physiology, and of Foods and Nutrition, Urbana, IL
- 1981-1982 Research Assistant, City of Hope National Medical Center, Duarte, CA

#### PROFESSIONAL ORGANIZATIONS

- American Evaluation Association – Health Evaluation Committee
- Academy of Nutrition and Dietetics – Weight Management Practice Group and Healthy Aging Practice Group
- National Association of Chronic Disease Directors
- Louisiana Dietetic Association

#### HONORS AND AWARDS

- 22<sup>nd</sup> Annual Huddleson Award – honorable mention, important contribution to the dietetics profession, 2005 // Outstanding Student Scholar Award, 2002 // Governor's Summit on Health Care for the Uninsured, invited representative for College of Health and Urban Affairs, Florida International University, 2000 // National Institute on Aging, NIH, Office of Research on Minority Health, Aging Research Workshop, sponsored participant, 1999 // Sigma Phi Omega, Honorary Member, 1999 // Phi Kappa Phi, Honorary Member, 1999 // Who's Who in Rising Young American Women, 1993.

## PUBLICATIONS

### Refereed Journal Articles:

- Gollub EA, Kennedy BM, Bourgeois BF, Broyles ST, Katzmarzyk PT. *Engaging Communities to Develop and Sustain Comprehensive Wellness Policies: Louisiana's Schools Putting Prevention to Work*. Accepted for publication by Preventing Chronic Disease, September, 2013.
- Segal MS, Gollub E, Johnson RJ. *Is the fructose index more relevant with regard to cardiovascular disease than the glycemic index*. Eur J Nutr. 2007 Oct;46(7):406-17.
- Gollub EA, Weddle D. *Improvements in nutritional intake and quality of life among frail homebound older adults receiving home-delivered breakfast and lunch meals*. J Am Diet Assoc. 2004;104:1227-1235.

### Refereed Abstracts and Conference Proceedings:

- Gollub EA, Vlosky DA, Lockwood JF. *Empowering a Community to Promote Healthy Living: the West End Health and Wellness Project*. Paper presentation, 27<sup>th</sup> American Evaluation Association (AEA) Annual Conference "Evaluation Practice for the 21<sup>st</sup> Century," Washington DC, October, 2013.
- Tohmé A, E Gollub, D Vlosky, ST Broyles, PT Katzmarzyk. A public-private partnership catalyzes multi-level obesity prevention in Louisiana. (poster) American Public Health Association Annual Meeting, Boston, MA, November, 2013.
- Vlosky DA, Gollub E, Broyles S, Tohme A, Katzmarzyk P. *Community Research: Evaluating 12 Diverse Project Sites*. Paper presentation, 27<sup>th</sup> American Evaluation Association (AEA) Annual Conference "Evaluation Practice for the 21<sup>st</sup> Century," Washington DC, October, 2013.
- Arnold DL, Gollub E, Bourgeois B. *Louisiana Department of Health and Hospitals Tobacco Control Program: Schools Putting Prevention to Work, 1-Year Follow-Up Evaluation*. (poster) 27th Annual Conference of the American Evaluation Association, Washington DC, October, 2013.
- Gollub EA. *Training your Target to Strengthen your Evaluation*. (poster) National Conference on Tobacco or Health. August 2012.
- Gollub EA, Weddle D. *Expanding Community Services to Include Home-Delivered Breakfasts: Impact on At-Risk Older Adults*. (poster) Gerontological Society of America Annual Scientific Meeting. November 1999.

### Books, Manuals, Dissertations:

- Johnson RJ, Gower T, with Gollub E. *The Sugar Fix: the High Fructose Fallout that is Making You Fat and Sick*. Rodale Inc. April 2008. Pocket Books/Simon & Schuster, Inc., April 2009.
- Gollub EA. *The Effect of a Breakfast Program on Nutritional Status, Quality of Life, and Healthcare Use Among Frail Homebound Older Adults* [dissertation]. Miami, FL: Florida International University; 2002.
- Gollub EA, Weddle DO. *Your Guide to Developing a Breakfast Program, Revised Manual*. General Mills Foodservice, Inc.. 1999.

### Reports, Articles, Tools:

- Gollub EA. An Evaluation Report: Schools Putting Prevention to Work, a project of the ARRA 2009 Communities Putting Prevention to Work/Statewide Policy and Environmental Change Initiative. April 2012.
- Gollub EA. An Evaluation Report: Tobacco Cessation through Quitlines and Media, a project of the ARRA 2009 Communities Putting Prevention to Work/State and Territory Initiative. April 2012.
- Gollub EA. The Louisiana Tobacco Control Program's Community Partnerships Program Evaluation. 3/2011.
- Gollub EA. Louisiana Tobacco Control Program 2010 Annual Report. 3/2011.
- Gollub EA. Wellness Today (column) Senior Times. *Care of the Caregiver*. June 2007; *Aging and Eating*. April 2007.
- Gollub EA. WellFlorida Newsletter (feature article): *Nutrition for Healthy Aging*. Fall 2007; *The Dangers of Trans Fat*. Winter 2006; *Cardiovascular Disease and Air Pollution: Implications for Community Health*. Winter 2005.
- Gollub EA, Simonne AH. *Decoding Food Labels: Handouts for People with Food Allergies*. University of Florida IFAS Extension document FCS8781. February 2005.
- Gollub EA, Simonne AH. *Decoding Food Labels: Tools for People with Food Allergies*. University of Florida IFAS Extension document FCS8781. November 2004.

Gollub EA, *Family Nutrition in Action* (Newsletter), Expanded Food and Nutrition Education Program, University of Florida Cooperative Extension:

April 2004, Vol. 8, No. 2 – *I want a Snack!*  
May 2004, Vol. 8, No. 3 – *Carbohydrates*  
June 2004, Vol. 8, No. 4 – *Caffeine Anyone?*  
July 2004, Vol. 8, No. 5 – *Ready-to-Eat Breakfast Cereals*  
August 2004, Vol. 8, No. 6 – *Fats for Food Preparation*  
November 2004, Vol. 8, No. 7 – *Give Soy a Try!*  
December 2004, Vol. 8, No. 8 – *Chocolate*  
January 2005, Vol. 9, No. 1 – *New Year's and Weight Loss*  
February 2005, Vol. 9, No. 2 – *Fast Food Possibilities*  
March 2005, Vol. 9, No. 3 – *Vegetarianism can Work*  
May 2005, Vol. 9, No. 4 – *Ice Cream and other Frozen Desserts*

Gollub EA, Kemper CL, Weddle DO. *Cereal for Seniors: An Evaluation*. National Policy and Resource Center on Nutrition and Aging. Submitted to Alliance for Aging, Inc.. 2000.

Weddle DO, Gollub EA, Stacy SS, Wellman NS. *Morning Meals on Wheels Pilot Program: The Benefits to Elderly Nutrition Program Participants and Nutrition Projects Final Report*. National Policy and Resource Center on Nutrition and Aging. Submitted to US DHHS Administration on Aging. 1998.

## INVITED TALKS AND LECTURES

Gollub EA. *Training your Target to Strengthen your Evaluation*. (round table discussion)  
National Conference on Tobacco or Health. August 2012.

Gollub EA. SMART: Diabetes and Hypertension Education Outreach Program. Florida Rural Health Association Annual Summit. December, 2005.

Gollub EA. *Cardiovascular Disease and Air Pollution: Implications for Community Health*. Health Forum; Community Health: Impacts of Air and Water Pollution. Panel Discussion sponsored by Women for Wise Growth. 2005.

Gollub EA. *The Effect of a Breakfast Program on Nutritional Status, Quality of Life, and Health Service Use Among Frail Homebound Older Adults*. American Dietetic Association's Food and Nutrition Conference & Exhibition. October 2002.

Gollub EA, Weddle D. *Cost-Effective Expansion of the Elderly Nutrition Program*. 17th World Congress of the International Association of Gerontology. July, 2001.

Gollub EA. Does Malnutrition Risk Reduction Improve Quality of Life and Reduce Institutionalization Among Elderly Participants in an Expanded Home-Delivered Meal Program? National Institute on Aging's Taking the Next Step: Technical Assistance Workshop. November 1999.

Gollub EA, Weddle D. *Expanding Community Services to Include Home-Delivered Breakfasts: Impact on At-Risk Older Adults*. American Public Health Association Annual Meeting. November 1999.

## SERVICE & COMMUNITY

Manuscript reviews – Obesity; Preventing Chronic Disease // Grant reviews – Social Innovation, Capitol Area United Way // Student Mentor/Summer Internship Supervisor – PBRC // Tobacco Task Force – PBRC // Louisiana School Wellness Policy State Team – Evaluation // Chronic Disease Action Alliance – DHH // Poets and Philosophers Neighborhood Association – President Elect & Steering Committee // Baton Rouge Symphony Chorus – Second Soprano