# Allison M. Tohmé, MPH, CPH

Allison.Tohme@pbrc.edu

# **Professional Experience**

### Research Associate II, Population and Public Health Sciences

2011-present

Pennington Biomedical Research Center, Baton Rouge, LA

#### **Monitoring & Evaluation**

- Assist grantees in developing and executing process and outcome evaluations
- Develop surveys based on best practices to measure physical activity and dietary behaviors in adults and youth
- Monitor overall progress of grant projects and studies via reporting and data management
- Conduct on-site monitoring visits at international study sites
- Analyze survey data and prepare reports and presentations for study sponsors and advisory boards

### **Project Management**

- Manage grant application submissions and participate in application review process
- Prepare and maintain IRB protocols and related regulatory materials
- Work with database programmers to develop and test study-specific data management websites
- Facilitate communication among PIs and site coordinators
- Develop data collection and quality control processes

#### Technical Assistance & Capacity Building

- Plan workshops and webinars on topics including program improvement, communication, data collection, etc.
- Develop training materials and assist in local and international training meetings
- Facilitate communication and partnerships among organizations across Louisiana

### Intern, Louisiana Birth Outcomes Project

2011

Louisiana Department of Health and Hospitals, New Orleans, LA

- Coordinate a state tour of 23 birthing hospitals to promote quality improvement initiatives
- Develop a database of behavioral health resources for pregnant women
- Assist in writing reports and presentations

### Intern, Cancer Research Experience for Students (CaRES)

2010

University of Alabama at Birmingham, Birmingham, AL

- Collect donations from local businesses to serve as incentives for study participants
- Develop a resource packet for breast cancer survivors
- Organize and mail study recruitment materials
- Assist in conducting physical fitness tests

### Surveyor, Lung Health Center

2010

University of Alabama at Birmingham, Birmingham, AL

### Academic Counselor, Louisiana Tech Athletic Department

2008

Louisiana Tech University, Ruston, LA

Server 2005 & 2006

Zaynati's Greek and Italian Restaurant, Slidell, LA

## Education

### Master of Public Health, Health Behavior

2011

University of Alabama at Birmingham, School of Public Health

- GPA 3.9/4.0
- Bill and Judy Bridgers Scholarship (2009-2010)

#### **Bachelor of Science, Biological Sciences**

2009

Louisiana Tech University

- Magna Cum Laude
- Minor in chemistry
- Outstanding Student Scholarship (2005-2009)

### **Professional Certifications**

### **Certified in Public Health**

2011-present

National Board of Public Health Examiners

# **Professional Organization Memberships**

American Evaluation Association
American Public Health Association

2014-present 2012-present

## Peer-Reviewed Abstracts

**Tohme, A.**, Gollub, E., Vlosky, D., Broyles, S., & Katzmarzyk, P. A Public-Private Partnership Catalyzes Multi-level Obesity Prevention in Louisiana. American Public Health Association (APHA) Annual Meeting and Exposition; Boston, MA; November 2013.

Gollub, E., Vlosky, D.A. Broyles, S., **Tohme, A**., & Katzmarzyk, P. Empowering a Community to Promote Healthy Living the West End Health and Wellness Project. American Evaluation Association (AEA) Annual Conference; Washington, DC; October 2013.

Vlosky, D.A., Gollub, E., Broyles, S., **Tohme, A**., & Katzmarzyk, P. Community Research: Evaluating 12 Diverse Project Sites. American Evaluation Association (AEA) Annual Conference; Washington, DC; October 2013.

2014 Tohme 2

### Non Peer-Reviewed Public Presentations

#### **Challenge for a Healthier Louisiana Grant Program Workshop Series**

Attended by members of non-profit organizations interested in applying for grant funding

### **Technical Assistance Workshops**

2012

- 18 workshops held throughout Louisiana
- Content included practical instruction on developing multi-level programs, logic models, and budgets, as well as assistance with application development

### **Informational Workshops**

2011

- 8 workshops held throughout Louisiana
- Content included an overview of the Challenge Grant requirements and application process, as well as information on best practices for planning community programs

### Service

## Grant Reviewer 2013

Capital Area United Way, Social Innovation Fund, Baton Rouge, LA

### Volunteer 2013

Better Block BR Project, Baton Rouge, LA

### Volunteer Occupational Therapy Tech 2011

Integrative Touch Pediatric Occupational Therapy, Mandeville, LA

# Extracurricular Leadership Positions

### Health Behavior Representative, Public Health Student Association 2010

University of Alabama at Birmingham, Birmingham, AL

### Vice President, Association of Catholic Tech Students 2008-2009

Louisiana Tech University, Ruston, LA

### Socials Chairperson, Association of Catholic Tech Students 2007-2008

Louisiana Tech University, Ruston, LA

### Fundraising Chairperson, Lambda Sigma 2006-2007

Louisiana Tech University, Ruston, LA

2014 Tohme 3