

# Childhood Obesity and Public Health: A Lifespan Approach to Prevention

## Speakers:



David J. Barker, MD, PhD  
Professor of Epidemiology,  
Developmental Origins of Health and Disease  
School of Medicine, University of Southampton, UK



Gerald S. Berenson, M.D., FACC  
Tulane School of Public Health & Tropical Medicine  
Department of Epidemiology  
Director, Tulane Center for Cardiovascular Health



William H. Dietz, MD, PhD  
Director of the Division of Nutrition and Physical Activity  
Centers for Disease Control and Prevention  
Atlanta, Georgia



David Harsha, PhD  
Associate Professor and Director  
Chronic Disease Epidemiology and Health Delivery  
Pennington Biomedical Research Center



Peter T. Katzmarzyk, PhD, FACSM  
Associate Executive Director  
Population Science  
Pennington Biomedical Research Center



Robert M. Malina, PhD  
Professor Emeritus, Department of Kinesiology  
University of Texas at Austin  
Research Professor, Tarleton State University  
Stephenville, Texas



Melinda S. Sothorn, PhD  
Associate Professor and Director  
Section of Health Promotion, School of Public Health  
Louisiana State University Health Sciences Center  
New Orleans

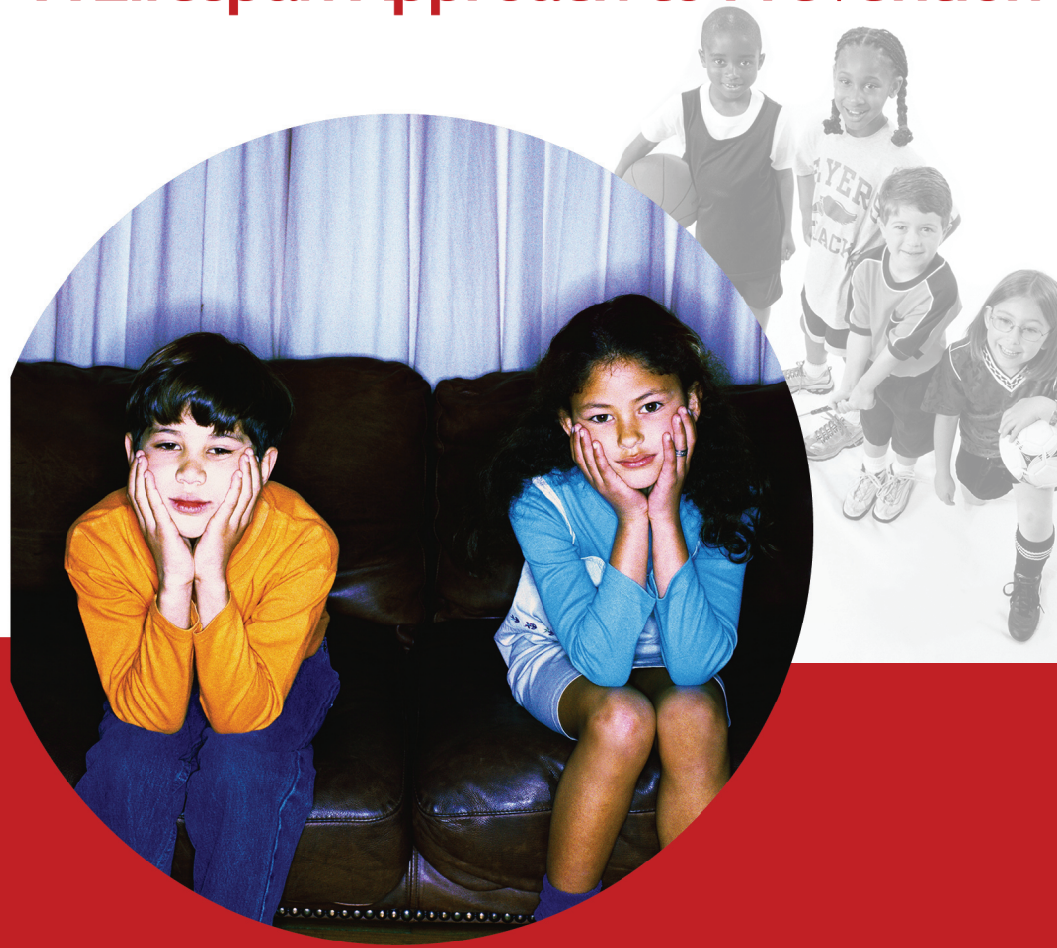


Larry Webber, PhD  
Professor, Department of Biostatistics  
Tulane University School of Public Health and Tropical Medicine  
Tulane University Health Sciences Center  
New Orleans



Donald Williamson, PhD  
John S. McIlhenny Endowed Professor and Chief of Health  
Psychology  
Pennington Biomedical Research Center

# Childhood Obesity and Public Health: A Lifespan Approach to Prevention



September 24, 2008

Pennington Biomedical Research Center  
C.B. Pennington Jr. Building

- Release of a Report Card on the Health of Louisiana's Children and Youth
- State of the Nationwide Childhood Obesity Epidemic
- Early-life Events and Risk of Obesity and Its Complications
- Promising Programs to Target Childhood Obesity



# Childhood Obesity and Public Health: A Lifespan Approach to Prevention

September 24, 2008  
Pennington Biomedical Research Center

## Agenda:

- 9:00 am** Welcome  
Claude Bouchard, PhD  
Executive Director,  
Pennington Biomedical Research Center, Baton Rouge, LA
- 9:10 am** A National Perspective on Childhood Obesity:  
How Bad is It?  
William H. Dietz, MD, PhD  
Director of the Division of Nutrition and Physical Activity,  
Centers for Disease Control and Prevention, Atlanta, GA
- 9:55 am** Obesity and Physical Activity in Louisiana's Youth:  
A State Report Card  
Peter T. Katzmarzyk, PhD  
Associate Executive Director for Population Science,  
Pennington Biomedical Research Center, Baton Rouge, LA
- 10:15 am** Break
- 10:30 am** LA Health: Setting the Stage for School-based Obesity  
Prevention in Louisiana  
Donald Williamson, PhD  
John S. McIlhenny Endowed Professor and Chief of  
Health Psychology  
Pennington Biomedical Research Center, Baton Rouge, LA
- 11:15 am** Diet and Physical Activity in Adolescents: The Child and  
Adolescent Trial for Cardiovascular Health (CATCH)  
Cohort  
Larry Webber, PhD  
Professor, Department of Biostatistics,  
Tulane University School of Public Health and Tropical  
Medicine, Tulane University Health Sciences Center,  
New Orleans, LA.
- 12:00 noon** Lunch: Panel Discussion -  
Policy & Legislative Issues  
Related to Childhood  
Obesity



- 1:30 pm** Maternal and Social  
Environmental Effects on  
Childhood Obesity and Future  
Health  
David J. Barker, MD, PhD  
Professor of Clinical  
Epidemiology, Developmental  
Origins of Health and Disease,  
School of Medicine, University of  
Southampton, UK
- 2:15 pm** Birth Weight and Insulin Sensitivity in Children  
Melinda S. Sothorn, PhD  
Associate Professor and Director,  
Section of Health Promotion, School of Public  
Health  
Louisiana State University Health Sciences Center,  
New Orleans, LA
- 3:00 pm** Break
- 3:15 pm** Physical Activity in Childhood and Adolescence and  
Adult Health Outcomes  
Robert M. Malina, PhD  
Professor Emeritus,  
Department of Kinesiology, University of Texas at  
Austin,  
Research Professor, Tarleton State University,  
Stephenville, TX
- 4:00 pm** Obesity in Childhood and Adult Health Outcomes:  
Lessons Learned from Bogalusa  
David Harsha, PhD  
Associate Professor and Director,  
Chronic Disease Epidemiology and Health Delivery,  
Pennington Biomedical Research Center,  
Baton Rouge, LA
- 4:45 pm** Summary and Concluding Remarks - Discussant  
Gerald Berenson, MD  
Professor,  
Tulane University School of Public Health and  
Tropical Medicine, New Orleans, LA
- 5:15 pm** Adjournment



Registration for this event is free and will be available on our website at [www.pbrc.edu](http://www.pbrc.edu) beginning in May 2008.  
Please call (225) 763-2936 for more information.